

registration form

Please complete in block capitals

Name _____

Position _____

Organisation _____

Address _____

Postcode _____

Tel _____

Fax _____

Email _____

Special diet requests

How did you hear about the conference?

Please provide a contact name and address for the person to whom the invoice should be sent. (Please provide an organisation address as we cannot accept a personal address for invoices).

Name _____

Position _____

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Address _____

Postcode _____

Tel _____

Fax _____

Purchase Order No. _____

If you would prefer to pay by cheque please enclose a cheque for the appropriate amount made payable to 'The University of Glasgow' and send to:

Carolyn Fraser, CPD Manager
Queen Mother's Hospital, Glasgow G3 8SJ
Tel +44 (0)141 201 9353 / 0825/ 9264
Fax +44 (0)141 201 0674



CONFERENCE DATES FOR YOUR DIARY

Suicidal Young People: Reducing the Risk, Friday 4th June 2010
Health of Children and Young People with Down's Syndrome, 8th June 2010
12th Annual Food, Diet & Health Conference, 27th October 2010
Autism Conference, 29th October 2010

For further information on our conferences go to:
www.gla.ac.uk/departments/developmental/cpd/newcourses
or phone 0141 201 9264

The personal data that you supply during the registration of this conference on The Scottish Diet – bringing lasting change to Scotland's diet, Monday 17th May 2010, will be entered into a database and used by the University of Glasgow or its agents to manage your registration for, and attendance at, the conference. Unless you advise to the contrary, in writing and in advance to the Conference Organiser, your name and affiliation may be made available in a list of delegates to both attendees at, and the sponsor(s) of the conference. The personal data in the database will be retained by the University, unless requested in writing to the Conference Organiser, and may be used in future to inform you about other appropriate services and events that may be organised by or in conjunction with the University.

Cancellation policy: Cancellations will only be accepted in writing. A refund, less an administration charge of £25.00 will be given to all cancellations received before Friday 16th April 2010. Thereafter the full fee is payable, regardless of whether the delegate attends or not. Substitutions can be made at anytime. The organisers reserve the right to change the speakers and venue as required. When we receive your registration for this conference by post, fax, online or telephone we take this as a confirmed booking.

The University of Glasgow Charity Number SC004401



University of Glasgow | Faculty of Medicine

The Scottish Diet Conference

Bringing lasting change to Scotland's Diet

A one day conference
Monday 17th May 2010
The Hilton Grosvenor Hotel
Glasgow

5 great reasons to attend

- Benefit from the latest updates and current thinking
- Learn from leading experts
- Review best practice and policy
- Debate and discuss hot topics
- Take home practical advice

To register...

Telephone
+44 (0)141 201 9353 / 0825 / 9264

Fax
+44 (0)141 201 0674

By Post

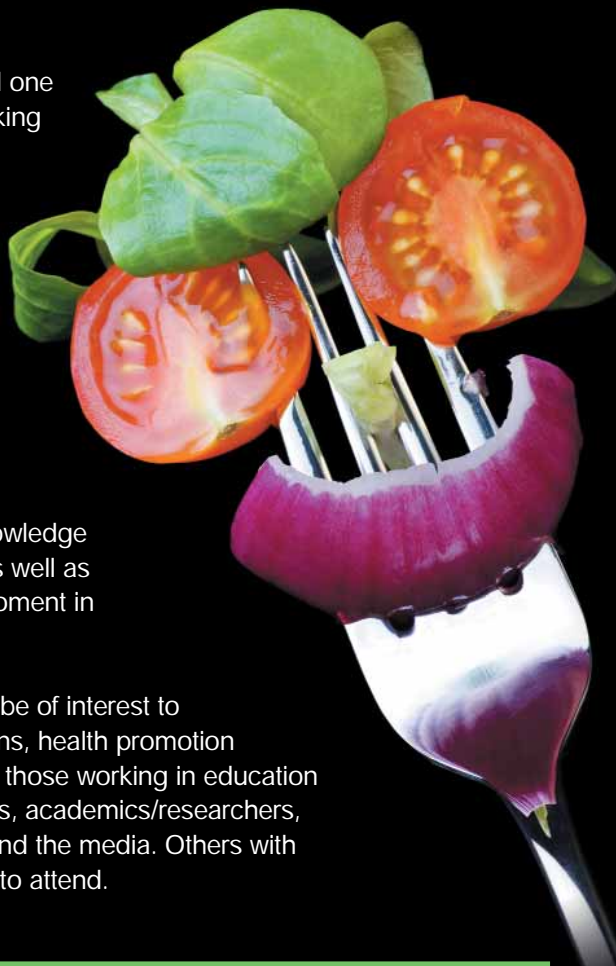
Online
www.gla.ac.uk/departments/developmental/cpd/newcourses



In 1996, the Department of Human Nutrition, University of Glasgow held one of the very first conferences on Working Together – The Scottish Diet Action Plan. Fourteen years on we are revisiting this topic and focusing on what has happened to our diet since then, progress made and looking at future ways to improve the diet and health of the Scottish population.

The programme will be delivered by leading experts who will provide knowledge updates and practical information as well as debating the hottest topics of the moment in relation to the Scottish diet.

The conference programme should be of interest to doctors, nurses, nutritionists, dietitians, health promotion specialists, public health specialists, those working in education and social care settings, pharmacists, academics/researchers, policy makers, the leisure industry and the media. Others with an interest in this area are welcome to attend.



Conference details

Date

Monday 17th May 2010.

Venue

The Hilton Grosvenor Hotel, Glasgow.
1-9 Grosvenor Terrace, Glasgow, G12 0TA
Tel: +44 (0)141 339 8811
Fax: +44 (0)141 334 0710

Time

The conference will start promptly at 10.00am and finish at approximately 4.35pm. Registration will be open from 9.15 - 10.00 am.

Registration cost

£197 including lunch and refreshments.

Registration

To register for this conference, please complete the registration form on the back of the leaflet, detach and return no later than Wednesday 5th May 2010. It is advisable to return the form ASAP as places are restricted. Further information will be sent to each delegate on receipt of the completed registration form.

Accommodation

Glasgow has a wide range of accommodation to suit every budget. For further information and ideas please visit: www.seeglasgow.com

Certificate of attendance

All delegates will receive a Certificate of Attendance from the University of Glasgow.

Programme

- 9.15 – 10.00 **Registration and refreshments**
- 10.00 – 10.05 **Welcome and introduction from the morning chair**
Professor Charles Milne, Director, Food Standards Agency - Scotland
- 10.05 – 10.30 **Improving the Scottish diet**
Professor Mike Lean, Professor of Human Nutrition, University of Glasgow
- 10.30 – 10.40 **Questions**
- 10.40 – 11.05 **Fruit and vegetable consumption in Scotland - are the messages optimal?**
Professor Annie Anderson, Centre for Public Health Nutrition Research, University of Dundee & Berry Scotland
- 11.05 – 11.15 **Questions**
- 11.15 – 11.45 **Refreshment break**
- 11.45 – 12.10 **Salt in our diet**
Professor Graham MacGregor, Professor of Cardiovascular Medicine Queen Mary University, London & Chairman of CASH
- 12.10 – 12.20 **Questions**
- 12.20 – 12.45 **Fat in our diet and the Trans Fats issue**
Dr Richard Simpson, MSP, Scottish Parliament
- 12.45 – 12.55 **Questions and discussion from the morning session**
- 12.55 – 1.55 **Lunch**
- 1.55 – 2.00 **Welcome and introduction from the afternoon chair**
Frances Gallagher, FG Associates
- 2.00 – 2.20 **What's happening with our food?**
Recipe changes, functional foods and new technologies in food manufacturing
Melanie Ruffell, Nutrition Manager, Food and Drink Federation
- 2.20 – 2.30 **Questions and discussion**
- 2.30 – 2.55 **The school meals story**
Fergus Chambers, Managing Director, Cordia LLP
- 2.55 – 3.05 **Questions and discussion**
- 3.05 – 3.20 **Stretch and fruit juice break**
- 3.20 – 3.45 **Food labelling and health claims**
Where is food labelling going, how can the food industry and regulators work together to achieve the common goal of healthier eating habits and reduce obesity levels across the UK?
Food Standards Agency Scotland
- 3.45 – 3.55 **Questions and discussion**
- 3.55 – 4.30 **Improving Scotland's diet – how can we bring about lasting change to our diet?**
Different perspectives and roundtable discussion
The food retailer – **Waitrose**
The Consumer – **Consumer Focus Scotland**
The Caterers – **En croute catering**
- 4.30 - 4.35 **Closing remarks from the chair**